



Precertification

You can help make sure you and your family get quality healthcare when and where you need it. Meritain Health's Medical Management program is designed to ensure you and your eligible dependents receive the right healthcare while avoiding unnecessary costs.

All inpatient admissions

- Acute
- Long-term acute care
- Rehabilitation
- Mental health/substance use disorder
- Residential treatment facility
- Transplant
- Skilled nursing facility

Outpatient and Physician: Surgery

- Breast and bone marrow biopsy
- Biopsies (excluding skin)
- Vascular access devices for the infusion of chemotherapy (including, but not limited to, PICC and central lines)
- Thyroidectomy, partial or complete
- Open prostatectomy
- Creation and revision of Arteriovenous (AV) fistula or vessel to vessel cannula for dialysis
- Oophorectomy: unilateral and bilateral
- Back surgeries and hardware related to surgery
- Osteochondral allograft, knee
- Hysterectomy (including prophylactic)
- Autologous chondrocyte implantation, cartilage
- Transplant (excluding cornea)
- Balloon sinuplasty

- Sleep apnea related surgeries, limited to:
 - Radiofrequency ablation (coblation, somnoplasty)
 - Uvulopalatopharyngoplasty (UPPP), including laser-assisted procedures

Outpatient and Physician: Continuing Care Services

- Chemotherapy (including oral)
- Radiation therapy
- Oncology and transplant related injections, infusions and treatments (e.g., CAR-T, endocrine and immunotherapy), excluding supportive drugs (e.g., antiemetic and antihistamine)
- Dialysis
- Hyperbaric oxygen
- Home healthcare
- Durable Medical Equipment (DME), limited to electric/motorized scooters or wheelchairs and pneumatic compression devices

Outpatient and Physician: Diagnostic Services

- CT for non-orthopedic
- MRI for non-orthopedic
- PET
- Capsule endoscopy
- Genetic testing, including BRCA
- Sleep study

We recommend you obtain precertification from your plan if procedures could be considered experimental/ investigational or are potentially cosmetic in nature (such as, but not limited to: abdominoplasty, cervicoplasty, liposuction/lipectomy, mammoplasty, augmentation and reduction [includes removal of implant], morbid obesity procedures, septoplasty, etc.).

Precertification of these benefits ensures the requested service is medically necessary and appropriate. All items listed here may not be covered under your plan even if it is determined that the requested service is medically necessary. To determine whether a benefit is covered or excluded, please review the eligible medical benefits and/or exclusions sections of your plan.



ADVOCATES FOR
HEALTHIER LIVING

Advocates for Healthier Living

Meritain Health provides easy-to-use healthcare benefits you can use to stay healthy and productive. Contact us at the number on your ID Card if you have any questions about your plan.