

# Meet the Staff

## Marathon Health and Wellness Center

### **Katy Lovoi** | Physician Assistant



Katy has over 13 years of experience working in family medicine, 10 of which have been with Larimer County. She earned her master's degree from Midwestern University in Glendale, AZ, and her undergraduate degree from Colorado State University. At The Wellness Clinic, Katy can help you identify your personal wellness goals and will work with you closely through your journey to assure you achieve them. When she's not reading books, Katy enjoys spending time outdoors with her husband and children.

### **Mike Deeter** | Physician Assistant



Mike started his career in healthcare after spending six years in the U.S. Army. He now has over thirteen years of experience in healthcare, where he has worked primarily in urgent care, emergency, and trauma surgery settings. He feels fortunate to be part of the team at The Wellness Clinic and looks forward to connecting with patients and helping them improve their health. In Mike's free time, he enjoys spending time with family and exploring the Rocky Mountains in his back yard.

### **Danielle Wilson** | Licensed Professional Counselor



Danielle moved to Colorado from Illinois in 2016, where she worked as a therapist seeing individuals, groups, and families to help them improve their quality of life. Those who work with her find they have a confidential, judgement-free space to process life's stressors – big and small. She has helped individuals and families reduce stress at home, implement self-care, and decrease or eliminate symptoms of anxiety, depression, and addiction. She is also able to help those who suffer from trauma regain power, direction, and purpose. At The Wellness Clinic, Danielle can help you and your family members get and stay on track to living healthy, happy lives. In her free time, Danielle enjoys spending time outdoors and exploring new places with her husband, son, and mini goldendoodle.

#### **The Wellness Clinic**

2601 Midpoint Dr, Suite 100  
Fort Collins, CO 80525  
970-980-2425

To schedule an appointment, call the health center or go online to [my.marathon-health.com](http://my.marathon-health.com)



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### Jacqueline McMillan | Licenses Clinical Social Worker



Jacqueline is a Colorado native who has lived in northern Colorado for almost 15 years. She enjoys spending time with her family and exploring new hobbies. Graduating with her Masters degree in Social Work from Metropolitan State University-Denver, she is equipped to help people achieve their mental health goals with tools such as EMDR (eye movement desensitization and reprocessing) and Acudetox. Jacqueline provides her patients a judgment free space to address life stressors, anxiety, depression, substance use and trauma that stands in their way of the life they want to live. Creating a therapeutic partnership and focusing on a patient's strengths and individual needs in treatment is top priority.

### Kelsey Pavlidis | Licenses Clinical Social Worker



Kelsey received her Master's degree in Social Work from Colorado State University, and has been serving the community as a Licensed Clinical Social Worker. Prior to that, Kelsey lived in Minnesota and Iowa where she received her Bachelor of Arts in Sociology. Kelsey provides a safe-space for those she serves to work on difficult things such as trauma, grief and loss, addiction, anxiety, and depression. Utilizing interventions such as EMDR (eye movement desensitization and repossessing) and AcuDetox, Kelsey is able to help patients gain control and achieve self-actualization. Kelsey believes in a strengths-based, person-centered, holistic approach that is guided by the individual needs of the patient. In her free time she enjoys running, spending time with her animals, and traveling with her husband.

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