

# 2022 preventive list

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Effective January 1, 2022



## **Managing your health with preventive medications**

By taking preventive medications as told by your provider, you may avoid serious illness and high health care costs. Your pharmacy benefit plan includes special coverage to help make preventive medications more affordable. These drugs can protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke.
- Preventing heart disease and reducing high blood pressure.
- Preventing osteoporosis (a disease that leads to an increased risk of bone fracture).

## **Special coverage for preventive medications**

The drugs on your plan's preventative medication list are free. This means you'll pay nothing for these medications.

To check the cost of any medication, call the number on your member ID card, visit your plan's website on your member ID card, or log on to the OptumRx app.

## Quality drives our decisions

To create these lists, OptumRx is guided by the Pharmacy and Therapeutics Committee. This group of doctors and pharmacist reviews medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan's preventive medications list.

Categories included on your plan's preventive medication list are shown here. For questions about specific medications, call the number on your ID card.

## 2022 Preventive medication categories

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### Cancer

- Breast cancer

### Cardiovascular/Heart disease

- Anti-anginal agents
- Anticoagulants
- Blood pressure monitor\*
- Cardiac glycosides
- Cholesterol lowering agents
- High blood pressure

### Central nervous system

- Antipsychotics
- Antidepressants – SSRIs
- Smoking deterrents\*

### Diabetes

- Insulin
- Non-insulin
- Glucometer\*

### Gastrointestinal

- Acid suppression (ulcer)\*

### HIV/AIDS

### Musculoskeletal

- Osteoporosis

### Respiratory

- Asthma/COPD
- Peak flow meter\*

### Transplant

- Anti-rejection\*

### Vitamins & electrolytes

- Pediatric vitamins with fluoride\*
- Prenatal vitamins\*

### Women's health

- Birth control\*
- Estrogens

\* Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

This list should be used as a reference. Not all plans have coverage for all categories. You may be required to use generics based on your plan. Refer to your enrollment and plan materials on your plan's member website or call the member phone number on your ID card for more information.



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