GET HELP NOW
Behavioral Health Services in Larimer County

BEHAVIORAL HEALTH URGENT CARE
Crisis Services
8 a.m. to midnight
1217 Riverside Ave.,
Fort Collins, CO 80524

24/7/365 Hotline and Warmline
If you or someone you love is in crisis, call Colorado Crisis Services, a program of Rocky Mountain Crisis Partners.
1-(844) 493-TALK (8255)
Text: “TALK” to 38255

SummitStone Health Partners
Call our 24-hour Access Line at (970) 494-4200

• Immediate crisis intervention and de-escalation.
• Mental health and substance use screening and triage.
• We can help, no matter your age, income or insurance status.
What's going on: Thoughts of killing or harming one's self or others with or without a plan. I cannot stay safe.

What I should do:
- Visit: 1217 Riverside Ave., Fort Collins between 8 a.m. and midnight
- OR, call 494-4200 to have Mobile Services dispatched to your location.

I can also:
- Text TALK to 38255

What's going on: Physical injury including broken bones or excessive bleeding. Unconscious.

What I should do:
- Call 911 or go to your local emergency room.

I can also:
- Visit your nearest Urgent Care Center.

What's going on: Cutting or other harmful behaviors. Suicidal thoughts with no plan or thoughts of wanting to harm others. I am not sure if I can be safe.

What I should do:
- Visit: 1217 Riverside Ave., Fort Collins between 8 a.m. and midnight
- OR, call 494-4200 to have Mobile Services dispatched to your location.

I can also:
- Text TALK to 38255

What's going on: Thoughts of wanting to harm one’s self (i.e., cutting) or suicidal thoughts without a plan.

What I should do:
- Immediately call my local therapist or primary care physician.

I can also:
- Call 1-(844) 493-TALK (8255)
- Call 494-4200 for Crisis Services
- Text TALK to 38255

What's going on: I need support to help with a problem that’s going on, but can wait for my therapist or my doctor to call me back.

What I should do:
- Call my therapist or primary care physician.

I can also:
- Call 1-(844) 493-TALK (8255)
- Call 494-4200 for Crisis Services
- Text TALK to 38255

What's going on: I am having a problem, but I am using my skills and can handle this problem right now. No safety concerns.

What I should do:
- I can wait until my next appointment with my local therapist/primary care physician.
- Or, call 1-(844) 493-TALK (8255)
- Text TALK to 38255