



**SAVE THE DATE: PROFESSIONAL DEVELOPMENT
MAY 8TH, 2019 12-2PM**

CLEAR VIEW BEHAVIORAL HEALTH

4770 LARIMER PARKWAY

JOHNSTOWN, CO 80534

RSVP-AT JENNIFER.REAUME@STRATEGICBH.COM

OR PHONE 970-833-8039

CHECK IN: 11:30

Passive Victim to Resilient Warrior
Transforming the way you think
about trauma informed care

As a clinician, author and professor, Shari provides audiences with an unforgettable story of love and transformation that will resonate with anyone who wants to understand trauma and its impact on the brain. She shines a light on mental illness and the powerful decisions we make when choosing a life of meaning and significance. Audience members will learn:

- To deconstruct false beliefs about resistance
- What Trauma Informed Care really means
 - How to understand what the brain constructs to help us survive
 - To utilize tools for creating safety for your clients
 - Strategies for helping your clients health

Shari tells heart wrenching account of an orphaned child who suffered brutality at the hands of her mother. In this story, the client's mind was closed to the horrors of her abuse, betrayal and abandonment until the day her memories came flooding back to her conscious mind. Her search for self-worth was filled with jarring darkness, desperation and hopelessness that almost took her life. Through this case study, Shari helps audiences transform their ideas about clients moving from passive victims to resilient warriors.

Shari is the Executive Director of Fire Mountain Treatment Center and is an Adjunct Professor at several universities where she teaches on crisis and trauma. Since a young age, Shari has studied resiliency and the enduring self-sabotaging thoughts that are often the result of trauma. She is co-author of *Which Way?*, a memoir and psychological handbook on trauma for survivors, clinicians, and anyone who wants to understand and celebrate just how resilient the human spirit is.

Website: www.sharisimmons.com

Instagram: <https://www.instagram.com/sharispeaks/>

“Shari’s expertise on the subject of trauma and the impact it has on the brain was fascinating. Jann’s story was both heartbreaking and inspiring.” Winter Symposium participant

“Quality from start to finish!” Articulate Seminar attendee

“I arrived feeling depressed about my life but left feeling hopeful about how to change my negative thought patterns.” Articulate Seminar attendee