



Health Discount Program

Fitness Discounts

The Optum HealthAllies discount program is provided, at no additional cost to you, as part of your benefit plan. This program may help you make fitness more affordable for you, with savings on fitness club memberships from leading fitness chains. Participating locations may offer free passes so you can try a club before signing up.

Anytime Fitness®:

- 50 percent off enrollment fees; 10 percent off monthly dues
- Free additional month with a 12-month membership (must be paid in full)

Curves®:

- \$29 one-time enrollment fee; 10 percent off monthly dues on 12-month Commitment memberships
- CurvesSmart state-of-the-art personal coaching system

Gold's Gym®:

- \$49 enrollment fee (normally \$79 – \$199); 20 percent discount on membership dues

My Gym® Children's Fitness Centers:

- \$30 off lifetime memberships; 5 percent off monthly fees
- Free T-shirt and DVD with each child membership; discounts on birthday parties

Snap Fitness®:

- Free enrollment; 10 percent discount on membership dues
- Access to a fitness assessment and workout plan; online nutrition and exercise support

Gym Network 360

- Gym Network 360 offers exclusive savings to thousands of national, regional and local fitness centers in over 60 major cities and surrounding areas, including 24 Hour Fitness, Curves, Anytime Fitness, Gold's, Planet Fitness, Power Pilates and boutique facilities. Enjoy perks like their Lowest Price Guarantee, flexible membership options, travel privileges, transfer and freeze options (not available at all clubs)
- Membership discounts ranging from 5 to 20 percent

Fitness Equipment and Other Health and Wellness Discounts*

Health Allies offers a wide range of savings on fitness equipment from online fitness retailers. Listed below are just a few of the exciting products that you can receive for a discounted price:

- Fitness Trackers: 10 to 40 percent off
- Nordic Track® and Proform®: 12 percent off treadmills, ellipticals, exercise bikes and more
- Exercise CD's and DVD's and Online Training: 10 to 60 percent off
- Weight management programs: including well-known brands like Jenny Craig® and others.

To learn more about the Health Discount Program and take advantage of these discounts, visit www.optumhealthallies.com and utilize enrollment number 425534.

Or call 877-426-2559 to speak with a customer care professional.



Fitness club membership discounts apply to new memberships only; availability varies by geographic area.

*Partners and discounts are subject to change at any time.

The Optum HealthAllies® Discount Program is administered by HealthAllies, Inc., a discount medical plan organization. The discount program is not a qualified health plan under the Affordable Care Act. **Optum HealthAllies is NOT insurance.** Optum HealthAllies provides discounts at certain health care providers for medical services. Optum HealthAllies does not make payments directly to the providers of medical services. The program member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization. HealthAllies, Inc., is located at MN103-0550, P.O. Box 1459, Minneapolis, MN 55414, 877-426-2559 optumhealthallies.com, ohacustomer@optum.com.

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