How to Remove a Ballast from a Fluorescent Fixture

Tools Needed:
Screwdriver, wire cutters, pliers.

1. Remove plastic cover and bulbs from fixture, then remove center metal cover to reveal ballast.

2. Cut wires leading from ballast on both sides.
3. Unscrew ballast.

4. Remove from metal tabs.

5. Bring the ballast and fluorescent bulbs to the HHW facility. Throw away the plastic cover, recycle the metal exterior at a scrap metal recycler.