



Extra Department Campaign Form

Department Campaign Requirements: Minimum 3-weeks; involving at least 2 employees.
Examples: 30 day “Plank” challenge; month-long Hydration challenge; ride-to-work bike challenge, Take the Stairs challenge etc. *(worth 100 points each, can do up to 2 extra campaigns per year)*

Campaign Name: _____

Date(s) of Proposed Campaign: _____ Today’s Date: _____

Department Name: _____

Name of Contact Person (Person submitting form): _____

Department Director or Designated Supervisor Name: _____

Campaign aligns with the following Wellness Goal Areas (please check):

- Preventive screenings/Awareness
- Nutrition/Healthy Eating
- Physical Activity
- Weight Management
- Mental and Emotional Well-Being
- Tobacco Cessation
- Improved Chronic Conditions (cholesterol, high blood pressure, diabetes, etc.)

Description of Campaign/Training Program:

Please return this form interoffice to the Benefits Department or at hr_benefits@co.larimer.co.us.