## How to sync a device with Viverae

- 1. Login to Viverae at https://connect.viverae.com, or through the Bulletin Board quick link.
- Once logged in, scroll down to the bottom of the home page where it says "Your Activity" > "Connect a Device".



3. NOTE- a pop up screen will appear when you click this, so you have to make sure you allow for pop ups from the Viverae portal.



- 4. Once you allow for pop ups from the portal, you will need to click on "Connect a Device" again to have the new window appear.
- 5. Scroll through the list of different devices and click on the black "Connect+" button.

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miCoach is your personal coach.	Health Empowerment – Home Monitoring – Patient Centered Care	Dailymile is a social experience for active people.	Nutrition Analysis of Home Cooked Meals and Recipes
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Epson	FatSecret	Fitbit	Garmin Connect
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Epson offers wearables for tracking daily activities, fitness, heart rate, and sleep.	FatSecret is an online tool to achieve your diet goals.	Fitbit offers wearable devices to help you lead a healthier, more active life.	Garmin designs, manufactures and markets GPS navigation, communication and sonar products.
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6. This will prompt you to the website for your specific device, where you will need to enter your email and password to then complete the sync.