



MENTAL HEALTH FIRST AID



ADULT MENTAL HEALTH FIRST AID

Monday, February 11, 2019
8:00 AM – 5:00 PM

Larimer County Loveland Campus
Big Thompson Room
200 Peridot Street Loveland, CO

Mental Health First Aid is a public education training that introduces participants to risk factors and warning signs of a developing mental illness including anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia. Enroll today in order to learn how to help a person who may be experiencing a mental health related crisis or problem, and understand the health information and services needed to make appropriate decisions and seek care.

Topics covered include:

- Anxiety
- Depression
- Substance use
- Disorders in which psychosis may occur
- Disruptive behavior disorders, including AD/HD

Register in the LC Learning Center by going to the catalog and selecting Human Resources then available sessions.



MENTAL
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